



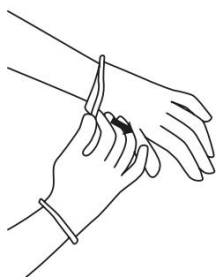
# Removal of (doffing) personal protective equipment (PPE)

PPE should be removed in an order that minimises the potential for cross contamination. PPE is to be removed in a systematic way before leaving the patient area/consulting room.

## Information from Care & Nursing Home workers

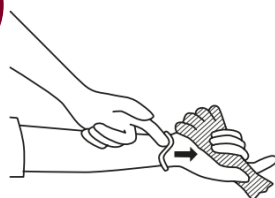
The order of removal of PPE is as follows:

1



Outside of gloves are contaminated. Grasp the outside of the glove with the opposite gloved hand; peel off.

2



Hold the removed glove in the gloved hand. Slide the fingers of the ungloved hand under the remained glove at the wrist. Peel the second glove off over the first glove. Discard into an appropriate lined waste bin.

3



### Apron

Apron front is contaminated. Unfasten or break ties. Pull apron away from neck and shoulders touching inside only. Fold and roll into a bundle. Discard into an appropriate lined waste bin.

4



### Eye Protection (Goggles/face shield)

Outside of goggles or face shield are contaminated. Handle only by the headband or the sides. Discard into a lined waste bin or place into a receptacle for reprocessing/ decontamination.

5



### Surgical Mask

Front of mask/respirator is contaminated - do not touch. Unfasten the ties - first the bottom, then the top. Pull away from the face without touching front of mask/respirator. Discard disposable items into an appropriate lined waste bin.